

Capacity Building: Professional Development in Intrapartum Care (PDIC)

TACMIL is supporting ongoing trainings of nurse midwives, lady health visitors, and CMWs from all provinces of Pakistan in a four day course focusing on evidence based care during birth. The course, called “Professional Development in Intrapartum Care,” is taught at hospitals which are being developed into centers of excellence (COEs) in five different cities.

The component focuses on training clinicians who deliver babies in two interventions known to reduce the morbidity and mortality associated with obstructed labor and postpartum hemorrhage. If those delivering care at birth are competent in use of the partograph and active management of stage three of labor (AMSTL), about 27% of maternal deaths to postpartum hemorrhage and 8% due to obstructed labor can be prevented.

Only one third of Pakistani women give birth in a facility. Those who deliver at home are emotionally supported by TBAs (traditional birth attendants) or family members and often do not go to hospitals for care because they feel they will not be as comfortable. For these reasons, TACMIL health project has chosen to focus on training providers how to provide support to women in labor including educating the woman and her support person about what happens during labor and delivery, what to expect and how to remain comfortable.

Two trainings were conducted in MCHS Sialkot during the month of June. The component was able to give PDIC training to twenty health providers.

