



## Immediate New Born Care

According to Pakistan Demographic and Health Survey 2006-07, there are 78 neonatal deaths per 1000 live births. Government of Pakistan along with private sector is making efforts to control this high rate of mortality. To support Government of Pakistan, USAID funded TACMIL Health Project has conducted training to give clinicians the skills needed to combat this excessive loss of neonatal life.

Immediate New Born Care (INC) is a three day training for health care providers taught at hospitals of project's target districts for fifteen participants. During the course, participants are presented with new evidence based best practices and given mentored time with models in the classroom and in the clinical area to practice the new life-saving skills including delayed cord clamping, immediate skin to skin contact of baby with the mother after birth and immediate breast feeding. The trainings include promotion of breastfeeding in first 24 hours of life and discouraging newborn bathing for first 24 hours. In addition, participants are taught how to recognize when resuscitation is needed and how to perform immediate newborn resuscitation.

Another important aspect of the trainings is the focus on infection prevention. Participants are familiarized with a skill checklist which includes important steps through which infection can be prevented. It includes how to protect one's self as well as patients when giving health care and how to keep the surroundings clean and hygienic along with ways to dispose off waste.



Trainer demonstrates practices for infection prevention



Demonstration of newborn resuscitation